



FYP Growth and Diversified Events

By Linette Lucero

A Message from the FYP Networking and Social Chair

One primary goal for the Filipino Young Professionals of Washington D.C. (FYP-DC) is to promote growth and diversity within its community. We have increased the number of paid members and aligned with other organizations through joint events. In addition to social and networking events, FYP-DC is transforming into an organization that also offers community, fundraising, business and educational events.

A goal of the current executive board is to gain at least 12 new members each quarter. The membership fee has been slashed from \$20 to a reasonable \$10 to attract more members. Our happy hours and other social events are always discounted for our members and our member only events are often free or heavily subsidized. Bring your friends or relatives to our events and to become members! Or you can become a new member yourself if you currently are not.

Diversifying our events is another FYP-DC goal. Does it always seem like we are having happy hours at Café Asia or parties at Panache? Are there always joint events with the same organizations? Well, we plan to change that! Don't worry! We will have some of the same events and work the same organizations. However, we will diversify our events to attract new interest and people to our organization.

Earlier this year, FYP-DC created a group presence on Friendster and MySpace.com, two of the major online social networks. Recently FYP-DC co-led a career night at George Washington University and begun an alliance with Swanky Productions, an entertainment and modeling organization. FYP-DC has supported events such as those by the United Nations Association of the National Capital Area (UNA-NCA). Our fundraising events are to raise awareness to those less fortunate than us that we can help. We collected almost \$300 at our Third Annual Speedating Event to help with the Leyte Mudslide Disaster. We had a clothing drive with our first joint happy hour with Swanky Productions.



Future events that we are planning include sporting events, a winetasting trip, a bowling happy hour at Lucky Strike, a member only event at Dave and Buster's, a picnic and games event, museum and zoo trips, and many more. If you have any suggestions for or questions about our events, let us know. Feel to contact us at info@fypdc.org. Thanks and Have a Wonderful Summer!

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FYP-DC Board of Directors
Juan "Jingo" Montermoso, Chairman of the Board
Nick Tongson
Therese "Wit" Lizardo Escaño

Mabuhay!

Welcome to the Filipino Young Professionals of Metropolitan Washington, DC (FYP-DC). We are an organization that is dedicated to developing the professional, social, and service aspects of our community. All are welcome to attend our events, and we encourage your involvement.

FYP-DC is a 501(c)(7) non-profit organization, whose primary objective is to support issues or interests, related to Filipino-American community and DC metropolitan region, for non-commercial purposes. As such, FYP-DC is subject to guidelines set forth by the U.S. Internal Revenue Code and may not endorse any political parties, candidates or similar activities.

Updated Mailing Address

Filipino Young Professionals
4551 Stratfield Lane #4204
Alexandria, VA 22311
info@fypdc.org
www.fypdc.org



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Culture Shock Competition Hip-Hops into DC

by Donna Liu, FYP Member



This year's event was hosted by our very own Culture Shock, D.C. Dance Troupe, on May 6, 2006 at the Lisner Auditorium, George Washington University.

Demonstrating various old-school and commercial hip-hop styles, participants visited from San Diego, Chicago, and Switzerland. Competing East coast groups traveled from Bronx, New Jersey, UMCP, Orlando, and our very own GWU. The event was run smoothly with the assistance of the evening's masters of ceremony:

Rane, from 95.5 WPGC, and John Veluz Resurreccion, Former Core Dancer of Culture Shock, San Diego.

The exhibition teams included: Culture Shock, Chicago; Culture Shock, Atlanta; Future Shock, San Diego; Different; and Dance 2Xs, Chicago. The competing teams consisted of Fr3sh from New Jersey, Studio One Dance from Orlando, N-Effect from Bronx, NY, Dynamic from UMCP, and Capital Funk, from GWU. There were also special guests and judges present at the event. Ellie Burkey is the artistic director of Culture Shock, New York; Jasmin Weder is the company director of Different from Basel, Switzerland; Viola Elkins is the director of Culture Shock, Chicago; Kevin Maddox is the director of Culture Shock, Atlanta; Kim Sims-Battiste is the director of Culture Shock, Oakland; Belle Abuyo is the co-artistic director of Future Shock, San Diego; Geo Hubela is the Monsters of Hip-Hop choreographer and owner of Icon Dance Complex, New Jersey; Patrick Chen is the founder and director of DANCE2XS; Dayna Gonzaga is the founder and director of Under a Groove; Jun Quemado is the director of Culture Shock and Future Shock, San Diego.

The performances in the line-up were arranged in a fashion that provided both entertainment and adrenaline rushes as the competing performances were sprinkled throughout the night. At the end of the sold out event, Studio One Dance has maintained their position as first on the East coast again. N-Effect came in second, and Fr3sh finished up in third place. Congratulations to all of the participants. All of the hard work that was seen in all of the performances!



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Cooling Off at the Georgetown Waterfront!

by Patrick Ledesma
FYP Vice President

On Thursday, June 1st, FYP-DC held a Happy Hour at Nick's Riverside Grille in Georgetown to kick-off the summer season. FYP members and guests mingled with other Filipino and Asian-Americans. With the beautiful views of the DC waterfront, the Riverside Grille was a prime location. With an outdoor bar along the Potomac and an indoor bar with drink specials, FYP members were entertained throughout the evening.

Like our other FYP Happy Hours, several members took advantage of the FYP incentive specials. Vince Tolentino won 2 free movie passes to any AMC/Loews Theater and new member Glenn Buni won a free drink for introducing himself to FYP-DC Officers Patrick Ledesma and Linette Lucero.



UPCOMING FYP-DC EVENTS

Come and show your support for FYP and the great associations that we have been working with!

- July 9, 2006** **Nationals Game**
- July 28, 2006** **Contemporary Issues Facing Filipino Americans at the Smithsonian**
- August 2006 - TBD** **FYP-DC Second Annual Picnic and Field Day**
- August 2006 - TBD** **FYP-DC Dave & Busters Night**
- October 7, 2006** **Rex Navarrette, Lisner Auditorium (ad on page 9)**
- October 2006 - TBD** **Old Town Alexandria Ghost Walk Tour (tentative)**
- December 2006-TBD** **FYP-DC Holiday Party**



FYP-DC Second Annual Picnic and Field Day

Last year, FYP-DC Members, friends and guests enjoyed a day out in the sun. This year is no different!!! The venue and time have not been finalized yet but mark your calendars, it will be this August. What more can you ask for?!! Fun in the sun, food, games and friends!!!

PENDING FALL EVENTS

FYP-DC Third Quarter General Body Meeting (Date and Location TBD)

Professional Development Metro Dinners

Join other DC professionals for dinner at a favorite restaurant near a DC metro station. These will feature an informal discussion of a professional development. Upcoming topics include but are not limited to - Financial Planning, Marketing Yourself and Corporate Culture Basics. Details are TBD.

Wine Tasting Trip

Please join us for this wonderful day trip to a nearby winery or wine festival for sampling of various wines! Space will be limited, so please RSVP quickly when the Evite is sent out. We will take care of transportation. Details are TBD.

Want to help plan or volunteer?

For details, email Victor at ecarma_victor@yahoo.com



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Washington Baseball is Back!

by Patrick Ledesma, FYP Vice President

The summertime always brings memories of my childhood back. Maybe it's the weather, maybe it's the vacations, or maybe it's baseball season! In it's second year after relocating from Montreal, the Washington Nationals are back in town, playing our favorite national pastime.

FYP-DC is sponsoring a trip to see the Washington Nationals play at RFK Stadium in July! On Sunday, July 9 at 1 pm, the Washington Nationals are playing the San Diego Padres in their last home game before the All-Star break. Come out to see your favorite players Alfonso Soriano, Nick Johnson, and Livan Hernandez duke it out with our favorite team from the West coast! Or you can just come and hang with a whole bunch of Filipinos in the stands. Tickets are \$8 for non-members/\$6 dollars for members. (Yes, we are in the cheap seats.)

All Nats home games are played at RFK Stadium in Washington DC. RFK is metro-accessible from the blue/orange line. Otherwise, you may drive there and pay to park in the lot.

The FYP Member incentive for the event is that a prize will be given to the first 2 paid FYP members who RSVP for the event. Open to the first 15 people, but we'll accept more if need be... Payment will need to be accepted before the game for those that RSVP or special arrangements can be made. So if you're not busy on a nice Sunday afternoon, come join FYP at RFK.

Go Nats!



**First Annual FYP-DC
Hockey Night**

by Jhoana Pajarillo
FYP Treasurer

On April 17 2006, FYP hosted its first ever Hockey Night. Twelve members and friends cheered on the Washington Capitals against the Atlanta Thrashers. The FYP spirit must've helped because the Caps won 6-4! The evening was filled with fun, cheering, and friendships. Complimentary practice jersey topped off the night. Thank you all participants, and look for another FYP Hockey Night next season! Until then, get your sports and FYP fix at the Nats tailgating party!



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Children’s Art Contest at the 2006 Philippine Fair and Parade

by Linda Pirrone, PAFC Art Committee

Each year, the Philippine-American Foundation for Charities, Inc. (PAFC) art committee sponsors an art contest for all children attending the Philippine Fair. A winning entry entitles the children to a cash award and a certificate of merit. This is the first opportunity for budding artists to exhibit their work and receive public recognition. The PAFC sponsored traveling art exhibit, “Brown Strokes on a White Canvas” offered a venue each year for the children’s art work to be exhibited: 2001 contest winners were featured at The Foundry Gallery in Washington, DC; 2002 contest winners were featured at George Mason University; 2003 contest winners were displayed at the Harmony Hall Regional Cultural Center; 2004 contest winners appeared at Martin Luther King, Jr. Memorial library and the 2005 contest winners were featured at Martin Luther King, Jr. Memorial library, The University of Phoenix in the Reston, Virginia; and The Philippine Embassy. The winners of the 2006 art contest will have their work displayed at The Philippine Embassy in the fall, in the Manila Café Tutubi Centennial Cultural Center, and will be included in a compilation book featuring children’s art from all Philippine Festival contests.



Over the past years of this annual contest, Julian Oteyza and I have wanted to offer the children more time to draw, more people to help with distribution of supplies and explanations of the theme, and someone to listen to the children explain their work. This year we asked FYPDC and GWPCS to assist in the Children’s Art tent on Pennsylvania Avenue in the shadow of



Philippine Independence Day

The United States withdrew its sovereignty over the Philippines on July 4, 1946, as scheduled.

In 1962, Philippine President Diosdado Macapagal decided that June 12th was a more appropriate date. It reflected and honored the heroes of the Philippine Revolution against Spain, when General Emilio Aguinaldo proclaimed the independence of the Filipinos in Kawit, Cavite, on June 12, 1898. Since then, the Philippine Independence Day is celebrated on June 12th.



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the U.S. Capitol. Thanks to Joni Samilin and Victor Ecarma, who were the movers and shakers behind this special treat for the children. Thanks to them, Stephanie Salazar, Kate Borman, Christine Delarosa, Justin Stone, Melissa Stone, and Eric Paler, who provided some very special one on one time with the budding artists from ages 3 to 16. The children were excited to have someone interested in their drawing and interpreting the theme "100 Years: Creative Unity in the Community." I believe we had a symbiotic relationship between GWPCS/ FYPDC and a multitude of children they've never met before – but the children will never forget GWPCS and FYPDC.

Tutubi Productions called on students and young professionals to help us give back to the community and upon seeing a real need for assistance and a helping hand. There are a multitude of children who were impacted by your selfless volunteerism and they, along with Julian and I will be forever grateful.

For more information about the Children's Art Contest, visit <http://kidartists.blogspot.com>

Also note the Manila Cafe Tutubi Cultural Center on Saturday nights, visit <http://manilacafe.blogspot.com> for more details.



**FYP-DC MYSPACE
SITE IS UP NOW!**

www.myspace.com/fypdc

Add us today!

Stay tuned for more exciting news and other events in the next newsletter!



REX NAVERRETE
October 7th, 2006

See page 9 for details.



The DC Asian Pacific American (APA) Film Festival and its presenting sponsor Verizon FiOS

have teamed up to offer you the chance to produce this year's official festival commercial!

We are offering a \$1000 prize to the person that can make the best sixty second commercial promoting the DC Asian Pacific American Film Festival.

Details can be found at <http://www.apafilm.org/contest.php>

Mark your calendar for Sep 28 - Oct 7, 2006

for this year's festival at various DC/VA/MD locations.

Check our website, www.apafilm.org, later this summer for the schedule of films and events and for further information.

DC APA is always looking for volunteers.



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Membership Dues are only \$10

**Membership has its rewards!
Interested in becoming a member of
FYP-DC?**

To renew your dues or to become a member, complete the membership form and submit \$10 for annual dues. The membership form can be found on the Members" area of <http://www.fypdc.org>. You may email your form or submit your dues via Paypal to info@fypdc.org. [Cash or Checks only]



Membership forms and payments can also be mailed to:
[NOTE - NEW ADDRESS for FYP-DC]
Filipino Young Professionals of DC
4551 Strutfield Lane, #4204
Alexandria, VA 22311

For membership inquiries or comments, contact Jhoana Pajarillo, Treasurer, at jhoanafyp@gmail.com.

Pay Your Dues online!



**Happy First Anniversary
to Wit and Jude Escano!**



Upcoming Weddings

**Peter Villareal & Ria de Lumen,
August 26, 2006**

**Yorick Jurani & Rochelle Samilin,
September 16, 2006**



Wit & Jude
July 16, 2005



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FYP-DC Member Profile

Cheryl Andrada

Cheryl's a 25 year old Congressional staff member, been living in DC for 2 1/2 years now, originally from Queens, New York; laid-back, critical thinker and a lover of coconut milk.

College? Stanford university, class of 2002
Any siblings or pets? a younger sister Zoe
Astrological sign? Virgo
Any hobbies/interests? biking, running, cooking, currently taking an acting class

Myers-Briggs personality type? ISFP

Who was the first person you met in FYP? Liz Goings and April Siruno, at a Smithsonian lecture on Fil-Am history in October 2004

Why did you join FYP? To stay in the loop in the Filipino community

Last weekend, I... Organized a community service event for my alumni club where we spent Saturday morning preparing food at DC Central Kitchen, went to a cousin's bbq out in the Maryland suburbs, went to a friend's potluck on Sunday (contributed beer and cookies).

Favorite filipino food? PINAKBET, because it's Ilocano, full of veggies and my dad made it pretty much every day growing up

Favorite DC landmark and why? Library of Congress - really ornate in an elegant way; main reading room is the best place to study for your LSATs

Any favorite hangouts in DC and why? Rock Creek Park!!! A natural oasis in an urban jungle. Plus it has a zoo!



FYP-DC Member Profile
Francis Lira

Originally from Chattahoochee, Florida, Francis currently lives in Tysons Corner, and serves as an IT Auditor for the Freddie Mac Foundation.

College? University of Florida! Go Gators!
Any siblings or pets? a younger brother

Astrological sign? Pisces

Any hobbies/interests? running, volleyball, art history, theater, travel

Who was the first person you met in FYP? April Siruno, Jhoana Pajarillo, and Yorick Jurani

Why did you join FYP? To hang out with the cool people.

Last weekend, I... went kayaking, played volleyball, attended a program on Mozart, hiked a few trails in Great Falls, and spent time with family

Favorite filipino food? beef sinigang

Favorite DC landmark and why? National Gallery of Art

Any favorite hangouts in DC and why? Tachibana, Café Asia - great sushi



SAVE THE DATE!
FYP-DC Presents

REX NAVARRETE
October 7, 2006
Lisner Auditorium
George Washington University

<http://www.rexnavarrete.com/>

REX NAVARRETE
HE'S TALAGANG CRAZY



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A Filipino American 9th grader was a top finalist at the recent essay contest on “Why is Asian Pacific American Heritage Month Important?” sponsored by NBC and Freddie Mac. Below is an excerpt from that essay.



Why is Asian Pacific American Heritage Month Important?

essay submitted by Ashleigh Baggett
Ninth Grade, Woodson High School, Fairfax, Virginia

...There are many such events during the year – when we have both a Filipino and American celebration of the same holiday. How lucky I am to be part of this 2-culture family!

I think of the many Asians who have made a mark in America: world champion figure skater Michelle Kwan, first Asian-American in space Ellison Onizuka, best-selling author Amy Tan, Bose Corporation founder Amar Bose, award-winning cellist Yo-Yo Ma, Philippine national hero Jose Rizal and many others who are not as well-known but who have served mankind well. My grandmother’s organization give out the Asian Academy Hall of Fame Awards every year. The recipients are not celebrities – they are ordinary people who have rendered outstanding service to their communities.

I am proud of them – not only during Asian Pacific Heritage Month – but everyday of the year. They are my role models.

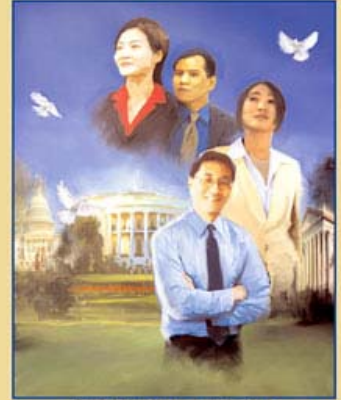
This summer, my grandmother will take myself and 7 cousins to the Philippines to meet our Filipino cousins and get acquainted with our heritage. I think this is important for the same reason why I think the Asian Pacific Heritage Month is important. We need to know where we come from to establish our own identities. Without knowing our heritage, how do we know who we are, where we have come from and, most importantly, where we are going?

Indeed we need to become more aware of our own roots, and of our cultural and social identity. We need to learn the beliefs, values and knowledge of our ancestors and the civilizations that created them or interacted with them. The celebrations during the Asian Pacific Heritage Month raise our awareness and focus our attention on all things Asian. That, to me, is why Asian Pacific Heritage Month is important.

So.... Are we going to have mashed potatoes and gravy or rice and soy sauce for lunch today? To me, it does not really matter. I love them both. But since this is the Asian Pacific Heritage Month, I am guessing my grandma will have noodles, adobo, eggroll, satay and yes – rice and soy sauce. Spiced with love and caring. Served with much laughter - the way Asian Pacific people serve their food.



Asian Pacific Month reminds me that I am half Asian, proud of my heritage and grateful for the many blessings that a dual culture affords me. Happy Asian Pacific Heritage Month!



ASIAN PACIFIC AMERICAN HERITAGE MONTH
Celebrating Decades of Pride,
Partnerships and Progress
MAY

image courtesy of diversitystore.net

Asian Pacific American Heritage Month is celebrated in each May.



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CAMP DIVERSITY - Unity In Diversity: A Multicultural Conversation

Reinventing the traditional professional business conference, six minority associations are bringing together professionals from different cultural backgrounds for a weekend of professional development, teambuilding and partnering.

CAMP DIVERSITY will be hosted by Connected International Meeting Professionals Association (CIMPA), International Association of Hispanic Meeting Professionals (IAHMP), Asian Leaders Association (ALA), Africa Travel Association (ATA), American Islamic Congress (AIC) and Orbisun International. More minority associations are being invited to the organizational meeting of the Minority Organizations Network, envisioned to be an international network of associations serving the minority market.

As funding is always a challenge for minority organizations, speakers from the Office of Small and Disadvantaged Business Utilization of different government agencies have been invited to help attendees gain access to various government contracts and grants.

Affordable venues for events and other issues important to the minority communities will be discussed in interactive sessions. A Knowledge Café where suppliers can display literature and chat with attendees over a cup of coffee will be available. See www.cimpa.org/knowledge_cafe.htm.

The conference runs concurrently with a camp for children from different cultures where they can begin to learn understanding, tolerance and multicultural friendships. Sponsors are invited to send disadvantaged children to this extraordinary opportunity to promote tolerance and understanding and help bring peace to the world.

WHO SHOULD ATTEND THE CONFERENCE:

Officers and members of minority organizations; Professionals in the association, travel, meetings, event, hospitality industry as well as those who are looking into changing careers to get into the exciting world of travel and meetings; Representatives from multicultural committees of hotels, airlines, convention and visitor bureaus, the press and others who are interested in the minority market.

WHEN: Attendees arrive Saturday, August 12 for lunch and a keynote address, participate in two activity-filled days Saturday and Sunday. It ends with a bang at either Busch Gardens or Kings Dominion.

WHERE: Chanco on the James River, near Williamsburg. Closest airports: Richmond, Norfolk or Newport News-Williamsburg International Airport.

Register now at: <http://www.cimpa.org/campregistration.htm>
For more information, please visit www.cimpa.org/campdiversity.htm or email Sandy Lee, Asian Leaders Association, at sandy@asianleaders.org



Asian Leaders Association
9200 Bayard Place, Suite 102
Fairfax, VA 22032 USA
512.684.0889 phone
267.390.5193 fax
www.asianleaders.org



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FYP-DC Bylaw Amendments Update

by Victor Ecarma, FYP President

Recently, the quorum at the May general body meeting approved the FYP-DC bylaw amendments as sanctioned by the Board of Directors. As an organization, FYP-DC is continuing to grow and must adapt to how the organization is actually operating and the environment it is in; as oppose to what was originally stated in our 2003 bylaws. FYP-DC is stronger than every, but requires changes to how it operates, manages and governs.

The proposed amendments have been opened to any FYP-DC member to access through our FYP-DC yahoo member site starting in January 2006. Amendments fall into three categories: Executive Committee, Board of Directors and Election.

The Executive Committee amendments are:

- Consolidate VP positions into one vice president position;
- Rename and create new description for Community Chair to Public Relations & Marketing Chair;
- Technical Director position shall be an Appointed Position through the Executive Committee;
- Rename and create new description for Networking Chair to Networking and Social Chair;
- Create new description for Secretary.

The Board of Directors amendments are:

- Reduce number of Board of Directors from 9 to a minimum of 3, and no more than 5;
- Insert additional language into Board of Directors selection;
- Board of Directors can only create "Internal Facing" Committees.

Election amendments are:

- Board of Directors must start the election process for Executive Committee by Oct. 1 of every calendar year;
- All paid members by September 30th of each calendar year are eligible to vote;
- President has a 3 consecutive term limit.

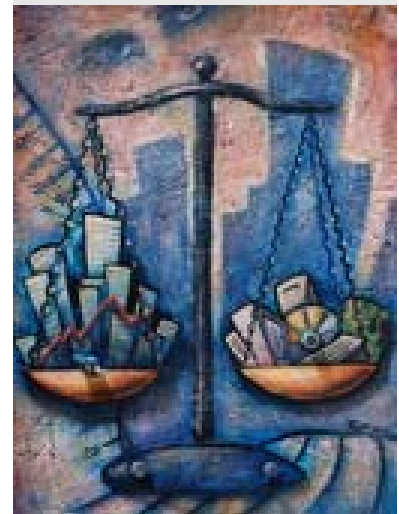


To view the rational for the amendments, they are in the May General Body Meeting Minutes located in the FYP-DC Member and FYP-DC General Yahoo Groups' file section. A revised Bylaw Document with the new changes will be ready by end of summer.

The bylaws are a living document that will continue to evolve. If you any questions or would like to discuss, email Victor at ecarma_victor@yahoo.com.



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FYP-DC Peer Mentor Program

by Abigail M. Camacho
FYP Professional Development Chair

In last summer 2005, FYP-DC introduced a Peer Mentor Program for its Members only. All new, paid members are eligible to participate. Ongoing participants, a.k.a. peer mentees, may request a change in FYP Peer Mentor each September. Under special circumstances such as move, career change, etc., changes may be made by request.

At a later date, once membership increases and evolves, FYP-DC intends to organize a more 'traditional' mentor program for young professionals and more senior professionals in the DC area. Providing an outreach program for recent graduates has also been discussed.

See below for further details about the current Peer Mentor Program. Additional information is available under the 'Files' section of both the FYP-DC General list and FYP-DC Members list.

Goals and Objectives

- 1) introduce new member or encourage current member involvement with FYP, as noted in FYP Mission Statement and By-Laws
- 2) encourage and support the individual with both professional and personal goals
- 3) strengthen membership core and encourage new membership with FYP
- 4) foster strong individuals to better contribute to the DC Metro region, Fil-Am community and beyond
- 5) get to know someone new and have fun



Contact Abigail Camacho at abby-fyp@ligayadesign.com regarding any questions about the peer mentor program or regarding recent and upcoming events for professional development.



Marketing Tips

There are two basic ways that people look for work:

- 1) Traditional Job Search Methods, Which Includes:
 - Reading the help wanted ads in the newspaper
 - Going to personnel offices
 - Going to local employment service offices
 - Using a private employment agency
- 2) Active Job Search Methods, Which Includes:
 - Networking Using:
 - a) warm contacts (people you know)
 - b) cold contacts (people you do not know)
 - Making Telephone Contacts
 - Actively Locating Job Sources
 - Actively Finding Jobs and Internships



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Mentee Guidelines

How to be an Effective Mentee

Some suggestions for the mentee can do to make the mentoring connection successful

Adapted Excerpt from <http://www.uscg.mil/hq/g-w/g-wt/g-wtl/mentee.htm>

- The mentee has to want to be a partner in the mentoring connection
 - prepare and identifies areas that may need work and share them with the mentor
 - work to gain the skills, knowledge, and abilities to grow
 - receive feedback and look at the situation from the mentor’s perspective to gain a more objective viewpoint
 - consider different ways of “getting there from here” or be willing to try new things
 - take initiative, seeking the mentors advice when needed
 - focus on the goal, not getting lost in the process (if it isn’t clear, they ask the mentor how the process leads to the goal)
- The mentee has to know and be able to discuss their needs and objectives with their mentor.
- The mentee must take responsibility for his or her career and goals. Although they have the benefit of the mentor’s guidance, they are responsible for their own path.
- The mentee has to periodically assess the progress of the relationship, letting the mentor know when priorities must be reset.



Filipino Young Professionals
4551 Strutfield Lane #4204
Alexandria, VA 22311
info@fypdc.org www.fypdc.org

Visit FYP-DC website at the Professional Development page for more career-oriented websites and information.



Mentee Requirements

- 1) must be a paid member to participate
- 2) submit form to the Professional Development Chair
- 3) mentee to list 3 professional and 3 personal goals for the year – these to be discuss your assigned peer mentor (discuss as much or as little as pair feels comfortable)

Examples of Mentee Goals

3 Professional Goals

1. pass the bar exam
2. decide on law specialty
3. take continuing education seminar

3 Professional Goals

- take GRE
- apply graduate schools
- learning about marketing

3 Personal Goals

1. cook 3x/week
2. learn to salsa
3. adopt a pet

3 Personal Goals

- buy a new condo/relocate
- plant a garden
- exercise 3x/week



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