



Filipino young professionals  
washington dc

www.fypdc.org

Summer 2009, Issue No. 13

## MABUHAY

### 2009 FYP-DC E-Board

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### 2009 FYP-DC

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**Natassja Manzanero**  
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## Welcome Message: George Faustino, FYP-DC President 2009

Another great summer is upon us and FYP-DC has big plans starting with our FYP-DC Summer Networking Happy Hour on June 25th at Sea Pearl Restaurant in Fall Church. June wraps up Filipino Independence month and there were many Filipino Events in the DC Area this year. In July FYP-DC will be having a Camping trip to Lake Anna in Bumpass VA and a joint happy hour with AQUA and NAAP-DC. On August 15th we have our 5th annual Filipino Themed Picnic and Pool Party. Being a member pays off with member drawings at our events. Contact any officer to see about updating your membership today of volunteering to help or lead future events. Have a great summer!

FYP-DC President,  
George Faustino





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## WHAT'S INSIDE

### Mabuhay!

Welcome to the Filipino Young Professionals of Metropolitan Washington, DC (FYP-DC). We are an organization that is dedicated to developing the professional, social and service aspects of our community. All are welcome to attend our events, and we encourage your involvement.

FYP-DC is a 501(c)7 non-profit organization, whose primary objective is to support issues or interests, related to the Filipino-American community and the DC metropolitan region, for non-commercial and non-political purposes. As such, FYP-DC is subject to guidelines set forth by the U.S. Internal Revenue Service System and may not endorse any political parties, candidates or similar activities.

**Email:** [fypdc@yahoo.com](mailto:fypdc@yahoo.com)  
[www.fypdc.org](http://www.fypdc.org)

### Newsletter Editor:

Jorly Metzger

### Rodel Berber

Graphic Artist



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## How Does FYP-DC Communicate?

1. You're reading it right now! Four Newsletters a year!
2. Yahoo General Listserve: <http://groups.yahoo.com/groups/fyp-DC>
3. Myspace: <http://www.myspace.com/fypdc>
4. Facebook: Search for Filipino Young Professionals
5. <http://www.fypdc.org>

• If you would like contribute to the newsletter, please send all submissions to Diana Ocampo at [dcocampo@gmail.com](mailto:dcocampo@gmail.com). Thanks!



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## ANNOUNCEMENTS



**Interested in becoming a member of FYP-DC?**

**Membership Dues are only \$10!**

To renew your dues or to become a member, simply complete the membership form and submit \$10 for annual dues. The membership form can be found on the Member's area of [www.fypdc.org](http://www.fypdc.org). You may email your form or submit your dues via Paypal to [info@fypdc.org](mailto:info@fypdc.org). Please note that for paypal payments, we are unable to accept credit/debit cards.

Please send checks to:

**FYP-DC**  
21 Ansell Street,  
Alexandria VA 22305

Please forward any comments or questions to [gnfaustino@yahoo.com](mailto:gnfaustino@yahoo.com)

### Upcoming FYP-DC EVENTS

*Come and show your support for FYP and the great associations that we have been working with!*

**July 18-19, 2009**

FYP-DC Lake Anna Camping Trip, 3831 Breaknock Road | Bumpass, VA. Contact: [GNFaustino@yahoo.com](mailto:GNFaustino@yahoo.com)

**July 23 2009**

Joint Networking Happy Hour  
NAAP-DC | AQUA-DC | FYP-DC  
Café Asia - Arlington  
<http://www.fypdc.org>

**July 31 2009**

Club Night - Fil-Am Beach Party  
Muse Night Club, Washington DC  
Guestlist - [FYPDC@yahoo.com](mailto:FYPDC@yahoo.com)

**August 15, 2009**

5th Annual FYP-DC Pool Party and Picnic, Ecarma Residence | Potomac, MD. Contact: [Ecarma\\_Victor@yahoo.com](mailto:Ecarma_Victor@yahoo.com)

<http://www.fypdc.org>





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## EVENT SUMMARY

### Meet the Warriors:

Fred Bacong  
John Bascug  
Eliot Cashell  
Lisa Dang  
Art Duran  
Victor Ecarma  
George Faustino  
Joe Fernandez  
John-Paul Fontelo  
Terrence Gabriel  
Lester Liu  
Francis Lira  
Randy Lizardo  
Alyssa Manzanero  
Natassja Manzanero  
Nick Manzanero  
Jorly Metzger  
Matt Nichols  
Judy Phruksaraj  
Joni Samilin  
Dan Sushinsky  
Henry Tran  
Dicki Tejada



### Congratulations FYP-DC Dragonboat Team "Lapu Lapu Warriors" By Vic Ecarma

Lapu Lapu Warriors enjoy second year of success in DC Dragon Boat Festival Success!

Awards: 250 Meter A "Minor" Gold Medalists; 500 Meter A "Major" Silver Medalists

Fastest 250 Meter Time in Preliminary Heats

Fastest 250 Meter Time in among festival 250 Meter finals





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## EVENT SUMMARY

### Race Results

Time Trials - 200m

Time: 1:10.640

\* **Fastest time of the day**

Open "A" Semis - 200m

Time: 1:14.050

Place: 2nd

**Open "A" Final - 200m  
(minor)**

**Time: 1:14.890**

**Place: 1st (GOLD)**

Open "A" Semis - 500m

Time: 2:28.700

Place: 1st

**Open "A" Finals - 500m  
(major)**

**Time: 2:26.070**

**Place: 2nd (SILVER)**



### **Dragon Boat Festival by**

On May 16<sup>th</sup> and 17<sup>th</sup>, the FYP-DC Lapu Lapu Warriors competed in the 8<sup>th</sup> Annual Washington, DC Dragonboat Festival at Thompson's Boat Center in Georgetown.

Saturday was blistering hot and the team kept cool under its two tents. When it was time to prepare for the first race of the day, they all gathered on a nearby lawn to stretch and review drills. Finally, they walked to the first marshalling area, and then the second marshalling area, where their competitors also lined up. Once on the water, all paddlers were focused and full of excitement. After the adrenaline high, they knew they finished a strong race. Soon after this 250 meter race, the team learned that they had one of the fastest times of the entire day. By the end of Saturday, Lapu Lapu earned a gold medal in the 250 meter A minor final mixed division.

Day two was unfamiliar from the day before. Instead of piling on sunscreen and hiding from the heat, Lapu Lapu team members wore sweatpants and sweatshirts in the drizzling rain. Despite the weather, they were determined for an even higher medal for the 500 meter races. The final race on Sunday afternoon was intense. Three teams qualified for the highest honor, A final gold, yet only one was able to take it. Before the race, Lapu Lapu warmed up with synchronized jumping jacks and showed others that they were a tight-knit and disciplined team. At the end of the day, Lapu Lapu earned a silver medal in the 500 meter A final.





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## EVENT SUMMARY

### Summer 2009 Schedule

16 JUN 2009

10PM @ Hutchinson Park 4

Results: (W) 29 to 6

23 JUN 2009

7:30PM @ Lake Fairfax #1

Results: (W) 20 to 6

30 JUN 2009

7:30PM @ Nottaway Park #4

Results: (W) 40 to 6

07 JUL 2009

9:30PM @ Lake Fairfax #1

Results: TBD

14 JUL 2009

7:30PM @ Nottaway Park #4

Results: TBD

21 JUL 2009

9:30PM @ Lake Fairfax #1

Results: TBD

28 JUL 2009

9:00PM @ George Mason HS

Results: TBD

04 AUG 2009

8:00PM @ Hutchinson Park #4

Results: TBD



## Flag Football—Flyin' Carabaos

By Kristine Hermosa

\*Insert inspirational music\*

"We are the champions my friends....and we'll keep on fighting till the end...."

This spring season the Flyin' Carabaos made their debut as FYP-DC flag football team in the Fairfax Athletics Co-Ed Flag Football League. For many, the carabao - also known as a water buffalo - is deemed as the mascot of the Philippines; so it was only fitting that the carabao should be the proud and fearless logo that carried on with us. With many strong players on the team- it took a lil bit of practice to hone in on every players strengths and weaknesses, but after several practices, scrimmages and games- the Flyin' Carabaos were able to find that chemistry and gain some points.

The team, comprised of 20 members, rocked the yellow and red t-shirts and played 4 games off season and 8 of 23 teams within the division- ending the season with a 2-6 standing and ranked 17th within the division...not all that great-- but definitely a lot of space to improve for the upcoming summer season.

Thank you to both FYP-DC and Joe Fernandez with State Farm for sponsoring the Flyin' Carabaos! Come catch the Flyin' Carabaos this summer as we plan on going 8-0! (Minus the off sides, down field blocking, fumbles and tackling our own teammates.) Please contact George Faustino for more information on this summer's schedule.....annnnnd BREAK!



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## MEMBER SPOTLIGHT

### RICK Krewson

**Where is my family originally from?** Oregon.

**Current Residence?** Alexandria, Virginia

**College?** University of Oregon, BS in Finance

**Any siblings or pets?** My sister, Erin, who lives in Portland, Oregon.

**Astrological sign?** Capricorn

**Any hobbies/interests?** Outdoor activities.

**Myers - Briggs Personality type?** ISTJ - Inspector Guardian

**Who was the first person you met in FYP?** George Faustino

**Why did you join FYP?** Networking and community service.

**Summer plans?** Baseball games, barbeque and other outdoor action.

**Favorite Filipino food?** Lumpia

**Favorite thing to do in DC?** Attend Washinton Nationals baseball games - Go Nats!



### CALVIN

**Where is my family originally from in the PI?** Las Pinas City

**Current Residence?** Aldie, VA

**College?** Undergrad - George Mason University; Grad School - Johns Hopkins University

**Any siblings or pets?** 3 older sisters, 2 toy dogs (lhasa apso and maltese)

**Astrological sign?** Aquarius

**Any hobbies/interests?** listening to music, singing, learning to play a guitar, shopping, snowboarding

**Myers - Briggs Personality type?** ESTJ: Practical, realistic, matter-of-fact. Decisive, quickly move to implement decisions. Organize projects and people to get things done, focus on getting results in the most efficient way possible. Take care of routine details.

**Who was the first person you met in FYP?** Kat Velasco

**Why did you join FYP?** to meet new friends, network and be part of community services.

**New Years?** I'm not sure what you mean by this question, but I spent New Years in Shanghai, China. I got stranded there. I was supposed to spend New Years with my family in the Philippines. Although it was an unfortunate incident, I was able to meet some new friends who I now keep in touch with.

**Favorite Filipino food?** I don't have one, but I love it when my mom cooks her Filipino spaghetti.

**Favorite thing to do in DC?** Night life in DC :)





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## MEMBER SPOTLIGHT

### ROSE Y Romano

**Where is my family originally from in the PI?** My dad is originally from Bicol and my mom is from Lucena. My parents met in a hospital in Manila as my dad is a doctor and my mom is a nurse. They got married and lived in Manila - I was born and raised in Manila.

**Current Residence?** Alexandria

**College?** Graduated from the University of the Philippines with a BS in Hotel and Restaurant Administration. I am currently taking my masters at the George Washington University in Tourism Administration with a concentration in Events Management.

**Any siblings or pets?** My one and only brother is a doctor (yup, I'm the only one not in the medical field) that is based in Bellingham, WA. I don't have any pets, but am planning to adopt a dog this year - I'm ready for the responsibility.

**Astrological sign?** Cancer.

**Any hobbies/interests?** I like playing tennis (whenever I get the time), going to museums, watching Broadway plays, and traveling. I love getting a massage once a month and of course, shopping!

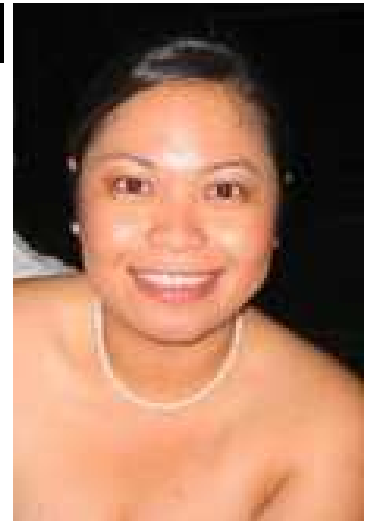
**Myers - Briggs Personality type?** ESTJ (Extraversion, Sensing, Thinking, Judging). I am a very organized person. I like making schedules and planning ahead. I am very practical and would always want an explanation behind why things are done. I value my attention to detail as that is one of the key traits I possess that makes me effective in my job (I am a Catering Manager).

**Who was the first person you met in FYP?** Jerry Chaves! At the kick-off party in Café Asia in 2008.

**Why did you join FYP?** I wanted to know more Filipinos in the DC area. I have lived here since 2001 and until I joined FYP, I only knew two other Filipinos. I think it is nice to interact with people that can relate to what you're talking about—I mean food, the Philippines and the Filipino culture.

**Favorite Filipino food?** Adobo, sinigang, isaw.

**Favorite thing to do in DC?** Go to the Smithsonian Museums - I haven't gone to all of them.. The exhibits are ever-changing and sometimes hard to keep up. Since I work in DC I do enjoy going to the different restaurants downtown.





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## MEET YOUR OFFICERS



George  
Faustino

President



Jerry  
Chaves

Vice-President



Diana  
Ocampo

Secretary



Katherine  
Velasco

PR/Marketing Chair



Jorly  
Metzger

Program Chair

### Meet FYP's New Treasurer: Lucelle Espine

**Where is my family originally from in the PI?** My father is from Atimonan and my mother is from Plaridel Bulacan.

**Current Residence?** Alexandria, VA

**College?** B.S. in Civil Engineering, Mapua Institute of Technology, Manila Philippines

**Any siblings or pets?** I have 3 older sisters and 2 older brothers.

**Astrological sign?** Sagittarius.

**Any hobbies/interests?** Reading, hiking, watching baseball, soccer and football.

**Myers-Briggs Personality type?** I am an introvert but I can be an extrovert. :)

**Why did you join FYP?** I wanted to meet new people and open myself to new and challenging opportunities.

**Favorite filipino food?** Adobo, lumpiang sariwa, laing.

**Favorite thing to do in DC?** Visiting historical places and museums.





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## FEATURED ARTICLES

### *BBC Timeline of Philippine Events*

1542: Spain claims and names the Philippine Islands after King Philip of Spain.

1898: Colonial power of the Philippines is sold by Spain to the U.S.

1935: US establishes the Commonwealth of the Philippines and is promised independence within 10 years.

1941-1944: Japanese occupation WWII.

1946: The Philippines is granted independence from the US. The US is allowed to run bases in the country.

1965: Ferdinand Marcos is elected president.

1969: Moro/Muslim rebels in Mindanao begin their war for independence.

1972-1981, Marcos imposes martial law and has absolute power over the country.

1983: A popular Marcos rival, Benigno Aquino, is assassinated upon returning home from exile in the US.

## Philippine Government & History

By Dicki Tejada

Prior to the colonization of the Philippine Islands, by Spain and US, the native peoples organized themselves socially and politically through the concept of a *barangay*. A *barangay* is a tribal/feudal structure which consists of “nobles, including the *datu* (e.g., chief, prince, village leader, etc); freemen; and a group described before the Spanish period as dependents (e.g., slaves, war captives, etc).”<sup>10</sup> Today the concept of a *barangay* plays an important role in city/village politics.

Unlike the American electoral system, the 1987 Constitution gave Filipinos the ability to elect separately the president and vice-president through popular vote along with 24 senators selected at large and representatives (no more than 250 members) in an American-like bicameral legislature. The Constitution also administered divisions between the federal, provincial, and municipal (cities) level.

### *Case for Democracy*

As mentioned in the previous section the deceased Catholic Archbishop of Manila, Cardinal Sin, has played an integral role in ousting corrupt administrations. Legally there is a separation between the church and state but the Church continues to extend pressure and influence to the government and its policies, most evident in family-planning programs. As of the 2009 estimates, the total population of 97 million residents is composed of 80.9% Catholic, 5% other, and 5% Muslim.<sup>15</sup> The involvement of the Church, since the Spanish colonial era, makes *democracy* in the Philippines uniquely Filipino.



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## FEATURED ARTICLES

### *BBC Timeline of Philippine Events*

1986: "People Power" - Aquino's murder sparks widespread support for Aquino's widow, Corazon in the Presidential elections. Marcos is announced the winner amid voter fraud. Massive protests against Marcos, called People Power, forces the military to withdraw support for Marcos, installs Aquino as President. Marcos flees to Hawaii.

1991-1992: US bases, Subic and Clark Air Force Base are permanently closed.

1996: A peace agreement between the Muslim separatist group, the Moro National Liberation Front is signed with Manila. Other separatist groups continue war against Manila.

2001: Then President Joseph Estrada is impeached for multiple counts of corruption; Vice President Glorda Macapagal Arroyo is sworn in.. The Moro Islamic Liberation Front (MILF) suspends attacks against Manila.

2005: Cardinal Jaime Sin, powerful Catholic leader who led two peaceful revolts against corrupt administrations dies.

2001 to present: President Arroyo continues to be accused of fraud and corruption. Muslim separatists continue to wage war for the independence.

### *Autonomous Region in Muslim Mindanao (ARMM): Defining the ARMM Government*

ARMM is a semi-autonomous region located in the southern Philippines that was established on August 1, 1989 by then Philippine President Aquino. It is composed of five predominantly Muslim provinces and enjoys a wide range of autonomy much like an independent commonwealth. ARMM can handle its own internal affairs, so as long as it does not break Filipino federal law. Through the Republic Act No. 6734, ARMM established an executive in the form of a regional governor, a legislative branch, and judicial (including Muslim Shari'ah Appellate Court).

Unlike the relatively peaceful coexistence between Puerto Rico and the US, Muslim Mindanao continues to suffer through an armed war between Muslim rebels, the Armed Forces of the Philippine, and other ethnic groups, resulting in displacement of 400,000 persons and the death of thousands of individuals.<sup>19</sup> The divide between Muslim Mindanao and the rest of Philippines is exacerbated when one considers the relationship the federal government has with the Catholic Church. Finally, the forced "incursion" of Christian Filipino to Muslim Mindanao during the Spanish and America era and Marcos regime has increased the divisiveness between the Muslim and Christian Filipinos.

We cannot assume that applying American democratic principles of "freedom and equality" are rational and applicable in other parts of the world.<sup>20</sup> One can conclude that the Philippines/ARMM situations are so very different (e.g., culturally, historically, and economically) and make it impossible to choose one policy over the other. We can however agree that finding a unique and more responsive government for both residents of ARMM is needed.